

REALITY AND THE COSMIC ILLUSION

•of peace or silence. It can be approached through an inexpressible absolute of being or of consciousness, or of power of being, or of delight of being, or through a supreme experience in which these things become inexpressibly one; for we can enter into such an ineffable state and, plunged into it as if into a luminous abyss of existence, we can reach :a **superconscience** which may be described as the gate of the Absolute. It is supposed that it is only through a negation of individual and cosmos that we can enter into the Absolute. But in fact the individual need only deny his own small separate **ego-existence**; he can approach the Absolute through

- a sublimation of his spiritual individuality taking up the cosmos into himself and transcending it; or

he may negate himself altogether, but even so it is still the individual who by self-exceeding enters into the Absolute. He may enter also by a sub-limitation of his being into a supreme existence or super-existence, by a sublimation of his consciousness into a supreme consciousness or superconscience, by a sublimation of his and all delight of being into a super-delight or supreme ecstasy. He can make the approach through an ascension in

which he
enters into cosmic consciousness,
assumes it into
himself and raises himself and it into a
state of being
in which oneness and multiplicity are in
perfect
harmony and unison in a supreme status
of mani-
festation where all are in each and each
in all and all
in the one without any determining
individuation
•for the dynamic identity and mutuality
have